

Age
Friendly
Illawarra

Implementation Plan. 2018 - 2021

Introduction

Aged Friendly Region 3 Year Plan 2018-2021 defines its role and functions by its actions and impact by achieving an aged- friendly region for the Illawarra and Shoalhaven.

The 3 Year Plan 2018 - 2021 proposes to:

- Fulfill a strategic leadership role in supporting the facilitation and delivery of age-friendly key values and strategic priorities over the next 3 years.
- Embed a collaborative model of age-friendly activities and actions for the region.
- Position stakeholders to seek community, grant and corporate alliances with external partners in the field.

The Aged Friendly 3 Year Plan 2018-2021 is founded upon the results of the information gathered by AFIA in 2016/2018 and the recommended model proposed of the Towards an Age-Friendly Region Report May 2018. Referenced against this feedback and the WHO Checklist of Age Friendly features

The Model is summarised in Fig.1

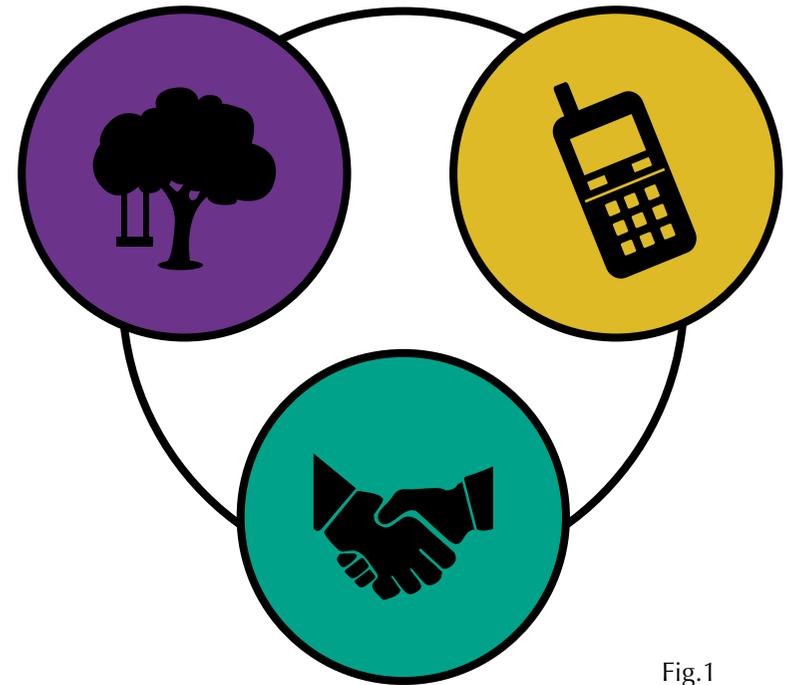


Fig.1

ACHIEVEMENT FACTOR 1



COMMUNICATION & INFORMATION

OPERATIONAL STRATEGY	RATIONALE	PERFORMANCE MEASURE	STEPS IN ACHIEVING	WHO DOMAINS	BY WHEN
1.1 Identify and develop programs and networking opportunities designed to share information	Increases the quality and effectiveness of information sharing to improve aged friendliness in the region	Opportunities are improved for services to network and connect within the region with AFIA's support	<ul style="list-style-type: none"> Assess current networking opportunities Research sector to identify gaps and offer specific events to close the gap Boost organisational development, leadership and mentoring capabilities 	Communication and Information Respect and Inclusion	June 2019
1.2 Improve opportunities for stakeholders to contribute networking outcomes	Collaboration builds a culture of mutual respect and inclusiveness	Stakeholders are engaged and jointly achieving mutual outcomes	<ul style="list-style-type: none"> Develop survey tool Survey stakeholders annually Establish community outcomes measurement tool 	Respect and Inclusion Communication and Information Civic Participation	December 2019
1.3 Utilize networks to contribute to consultation and decision making in advocacy areas	Shared ownership of increases success the likelihood of long term success	Increased knowledge within community of AFIA	<ul style="list-style-type: none"> Develop network process, i.e.: breakfast series; lunch session; blog opportunities; annual events 	Civic Participation Communication and Information	Ongoing
1.4 Develop a compendium services for the region for age services, programs and activities	Accurate information underpins opportunities for access and inclusion for people in the community	Compendium is developed, used, maintained, relevant and sustainable	<ul style="list-style-type: none"> Directory format explored that maximizes use and search options for age friendly services, programs and activities Funding secured for Directory to be created and 	Communication and Information Community Support and Health Services	Ongoing

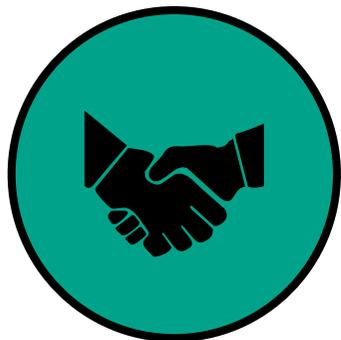
ACHIEVEMENT FACTOR 1



COMMUNICATION & INFORMATION

OPERATIONAL STRATEGY	RATIONALE	PERFORMANCE MEASURE	STEPS IN ACHIEVING	WHO DOMAINS	BY WHEN
1.5 Increase knowledge about how information about services, programs and events delivered in the community	Joint ownership of tailoring information and communication of the increases the likelihood of success	Benchmark and research the best methods of communicating with older people in the region	<ul style="list-style-type: none"> Develop and information and communication strategy Enter all contacts and offerings on a database Develop a system and training for communication, social media development and support for services to support connections and referrals. Resourcing planned and approved Review other social media, web and app services 	Communication and Information	December 2020
1.6 Service knowledge and information increase	Increase the knowledge services and providers, improving the outcomes and engagement of older people	New programs launched and continuing	Investigation of other information delivery modes <ul style="list-style-type: none"> Blogs Online Peer learning sessions 	Communication and Information	Ongoing
2.1 Develop a Regional Age-Friendly Declaration for the Illawarra/Shoalhaven	A Declaration of shared intent to lodge with WHO to enter into the WHO Global Cities Network Build on shared strength and share knowledge Assist broad capacity building across the Region Support knowledge sharing	An Age-friendly understanding is shared across the region The Declaration is signed and agreed to across the Illawarra Shoalhaven	Review and adapt other successful models across Australia and internationally. Investigate and assess forms of Declarations Memorandums of Understanding in regards to the sharing and use of information Map the benefits and potential outcomes as information sharing across the sector in regards to achieving better outcomes under the Age- Friendly framework	Communication and Information Civic Participation and Employment Respect and Social Inclusion Social Participation	August 2018

ACHIEVEMENT FACTOR 2



SOCIAL PARTICIPATION

OPERATIONAL STRATEGY	RATIONALE	PERFORMANCE MEASURE	STEPS IN ACHIEVING	WHO DOMAINS	BY WHEN
2.1 Statistics and data is comprehensive and accurate	Accurate statistics underpin planning and referral	<p>Survey Tools:</p> <ul style="list-style-type: none"> Provide opportunities for an examination of AFIA issues across the region Guide processes <p>Ensuring the views of older people are including in planning opportunities in the community</p>	<ul style="list-style-type: none"> Create opportunities for greatest impact Develop priorities from areas of greatest achievement and need Monitor project established time lines are met 	<p>Communication and Information</p> <p>Civic Participation and Employment</p> <p>Community Support and Health Services</p> <p>Social Participation</p>	April 2019
2.2 Statistics are used in mapping usage, gaps and strengths in the participation of older people in the community	<p>Statistics generate a measure of success of programs implemented</p> <p>Gaps are identified and opportunities created by using statistics measuring social participation and the barriers</p>	<p>Increased rates of people over 55 years who active and engaged in community</p> <p>Opportunities are identified Regionally for growth and to meet the needs in the Region</p>	<p>Survey and Statistics</p> <ul style="list-style-type: none"> Plan engagement survey tools for Regional programs Develop mechanism to evaluate results. <p>Program Planning</p> <ul style="list-style-type: none"> Use statistics drawn from surveys and stats to develop a planned approach to program development for new regional initiatives <p>Gathering of Statistics</p> <ul style="list-style-type: none"> Statistics gathered across AFIA for reporting purposes are centralized, reliable and accessible 	<p>Communication and Information</p> <p>Civic Participation and Employment</p> <p>Community Support and Health Services</p> <p>Social Participation</p>	June 2019
2.3 Statistics are easily accessible and useable	Accurate statistics are a vital measure of providing directions of achievement for the future	<p>Statistics Are</p> <ul style="list-style-type: none"> Easily accessible Incorporated into planning processes Utilized as a vital tracking device of issues 	<p>Statistics Database</p> <ul style="list-style-type: none"> Database development of statistics in the region to support active ageing 	Communication and Information	December 2019

ACHIEVEMENT FACTOR 2



SOCIAL PARTICIPATION

OPERATIONAL STRATEGY	RATIONALE	PERFORMANCE MEASURE	STEPS IN ACHIEVING	WHO DOMAINS	BY WHEN
<p>2.4 The AFIA Website is a tool in connecting Age-Friendly initiatives, programs, activities and supporters within the Region.</p>	<p>Centralizing Age-Friendly initiatives Regionally provides a platform for Global cities to seek the Illawarra and Shoalhaven's support in the continued development of best practice</p> <p>A web presence provides opportunities for promoting Age-Friendly practices digitally.</p>	<p>Website reflects up to date information about AFIA and age friendly regional initiatives</p> <p>Website hits and downloads increase over each year</p>	<p>Website developed and launched</p> <ul style="list-style-type: none"> • Develop Website information and usage • New information added as required • Links to site increased to increase traffic • Links and referral information easily designed and available <p>Source funding and/or support to design and maintain the system</p> <p>Website hits and page downloads are tracked to improve the engagement of the website</p>	<p>Communication and Information</p> <p>Civic Participation and Employment</p> <p>Community Support and Health Services</p> <p>Social Participation</p>	<p>June 2018</p>
<p>2.5 Increasing activities and opportunities for social participation within the Illawarra/ Shoalhaven</p>	<p>Increase In</p> <ul style="list-style-type: none"> • Accessible opportunities • Affordable activities • Range of activities • Awareness of activities • Encouraging participation and addressing isolation • Integrating generations, cultures and communities 	<p>Location convenient to older people in their neighbourhoods</p> <p>Transport options are promoted when event is advertised</p> <p>Participation with a friend or care giver</p> <p>Wide range of events appealing to a diverse population</p> <p>Community activities encourage people of all ages to participate</p>	<ul style="list-style-type: none"> • Map regional facilities accessibility • Promotion and awareness of events • Addressing isolation- personal invites are sent out- phone calls or visits • Older people are included in decisions that involve them • Older people are provided with opportunities to share their knowledge , history and expertise with other generations • Information is available in community languages 	<p>Communication and Information</p> <p>Civic Participation and Employment</p> <p>Community Support and Health Services</p> <p>Social Participation</p> <p>Respect and Inclusion</p> <p>Outdoor spaces and buildings</p>	<p>Ongoing</p>

ACHIEVEMENT FACTOR 3



OUTDOOR SPACES

OPERATIONAL STRATEGY	RATIONALE	PERFORMANCE MEASURE	STEPS IN ACHIEVING	WHO DOMAINS	BY WHEN
3.1 Scope the physical spaces in the region used and valued by older residents	Review of the environment, green spaces and walkways; outdoor seating; pavement, road and pedestrian access; cycle ways; public toilets.	<p>A review tool developed for physical spaces in the region</p> <p>The mapping process completed for the regional outdoor spaces</p> <p>Key projects identified across the Illawarra and Shoalhaven</p>	<p>Develop a schedule to scope the physical spaces within the region</p> <p>Scope possible projects within regions to improve an agreed area of priority</p> <p>Identify joint projects needed in the community, such as outdoor seating, pedestrian access, intergenerational play spaces</p>	<p>Outdoor Spaces and Buildings</p> <p>Communication and Information</p> <p>Civic Participation and Employment</p> <p>Community Support and Health Services</p> <p>Social Participation</p> <p>Respect and Inclusion</p> <p>Transportation</p>	December 2019
3.2 Develop relationships within outdoor spaces management teams and organisations to the use and inclusion of all users	Management of physical resources to maximize outcomes for older people by sharing practices.	<p>A schedule developed of major outdoor space events and activities across the Illawarra and Shoalhaven</p> <p>Canvas older people in the Illawarra and Shoalhaven as to events and activities they would like to attend, if accessible and affordable</p>	<p>Develop briefs, outcomes and deliverables available for joint delivery amongst interested stakeholders</p> <p>Develop strategies as to how older people can participate and engage in activities and events</p>	<p>Outdoor Spaces and Buildings</p> <p>Communication and Information</p> <p>Civic Participation and Employment</p> <p>Community Support and Health Services</p> <p>Social Participation</p> <p>Respect and Inclusion</p> <p>Transportation</p>	January 2020