

Annual Report 21-22



Healthy
Cities
Illawarra



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Our CEO.

Kelly Andrews

Chief Executive Officer

I am proud to present the Healthy Cities Illawarra 2021-22 Annual Report and celebrate the impact that our work has on our communities' health and wellbeing. I hope that clicking through these pages brings you a sense of hope, optimism and resolve in the promise that together, we can work to change our trajectory and create happy, healthy, clean environments for people to live and thrive.

After two years of Covid-19 and into the third year of La Niña, I am sure I am not the only one feeling that my resilience has been tested and my energy levels depleted! I have had so many conversations with individuals, families, workplaces and colleagues about the general 'vibe' that is felt with so many disruptions, uncertainty and disconnection sustained over such a long time, climate change happened before our very eyes, increasing costs of living and pernicious world events that are hard to make sense of. But clicking through this report will uplift your spirits – we may be small, but we are also determined!

This year we began our Innovate Reconciliation Action Plan and continue to educate ourselves by participating in as many partnership opportunities with Aboriginal and Torres Strait Islander organisations as we can. We also welcomed Catherine Moyle to the Board, a proud Gamilaroi woman with amazing experience in health promotion and social policy.

We worked with local government to refresh and re-launch the website, playillawarra.org.au. This is a comprehensive directory of all council owned playgrounds in Wollongong, Shellharbour, Kiama and the Shoalhaven and is a fantastic free community resource to help families find all sorts of hidden gems. Outdoor play is a great way for children to be physically active, take risks and socialize and being outside in green space is even better for mental wellbeing.

“Throughout 2021-22, Healthy Cities Illawarra was joined by 94 volunteers who collectively accrued 6180 volunteer hours.”



We also introduced a new Ambassador Program, and we're thrilled to have local leaders lend their voices and support for our mission. Thank you to (pictured below l-r) Prof Patricia Davidson, Brett Connellan Les Dion, Sandra McCarthy OAM and Amy Duggan for providing advice, attending events and sharing social media posts to amplify our key messages to a broader audience.

You will read about bold new initiatives such as the Wollongong Online Farmer's Market and the Illawarra Women's Day of Dance and Culture and as we try and grow to enable us to continue to address social, economic and environmental causes of health inequity.

We welcomed new team members; Tahnee Sykes in Marketing, Ingrid Ferguson who looks after our volunteer program, Andy Mark whom we were lucky enough to have on board for six months to drive our physical activity and active transport presence, ably reinforced by Life Member of HCI, George Takacs who also re-formed the Illawarra Shoalhaven Active Transport Taskforce.

I wish to thank our networks, partners and supporters for their collaboration and fraternity towards a shared vision of health for all, to the Board for their valuable volunteer service and to the gifted and dedicated staff and volunteers who care so much about their work and their communities.



Our Chair.

CR Kathy Rice

Chair, Healthy Cities Illawarra



I am pleased to present the Healthy Cities Illawarra (HCI) Annual Report for 2021-22, A year of organisational reform and a gradual but very welcome, reversion to business as we knew it pre-Covid.

The recent analysis of Australia's response to the Covid-19 pandemic has sadly highlighted that across Australia, those most in need of health, educational and social support were disadvantaged by lockdowns that deepened inequity. Locally, HCI's resources were limited, but fortunately the creative approach of program staff, kept most recipients in receipt of modified resources.

Over the past year, Healthy Cities Illawarra has progressed well towards its strategic planning objectives. Following closure of our sister organisation Healthy People Illawarra, HCI is now a stand-alone health promotion charity with full deductible gift recipient status. News about our programs regularly appears in social and other media, and through the messaging of respected Community Leaders who have become HCI Ambassadors. Over time, we hope that increased social recognition and community respect will help generate funding support for the valuable programs that Healthy Cities Illawarra offers.

Further highlights from this year's Strategic Plan include:

- Increase physical activity: Play Illawarra was launched as an online listing of playgrounds and reserves from Wollongong to the Shoalhaven. It encourages families to explore recreational spaces nearby and outlines the features of the various parks.
- Increase nutrition: HCI's well known nutrition programs are now complemented by the Wollongong Online Farmer's Market (order online for weekly pick-up or delivery) to strengthen local food security. Its presence supports the viability of local producers, reduces food miles, and provides fresh local produce.

- Contribute to Closing the Gap in Aboriginal and Torres Strait Islander communities: The Reconciliation Action Plan of Healthy Cities Illawarra strives for meaningful engagement with Aboriginal people and the joint achievement of improved health and wellbeing outcomes. After progressing through our Reflect RAP, we have begun our Innovate RAP where we will increasingly build Relationships, Respect and Opportunities as we work together with Aboriginal and Torres Strait Islander people.
- Increase community connectedness: During NSW women's week this year, we partnered with other local groups to host the Inaugural Illawarra Women's Day of Dance and Culture. Attendees of this delightful and harmonious multicultural gathering have already called for another.

Finally, I would like to thank the Board and staff for their work and commitment, particularly to George Takacs and Laura Ruiz who achieved Life Member Status this year.



Our Organisation.

We are Healthy Cities Illawarra (HCI) the 'glocal' organisation working to create healthy environments and enabling healthy choices for the people of the Illawarra and Shoalhaven, NSW.

Healthy Cities Illawarra Inc.

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Healthy Cities Illawarra Inc. acknowledges the Traditional Custodians of the land on which we live and work. We pay our respect to Past, Present and Emerging Elders.



Healthy Cities Illawarra warmly welcomes everyone, irrespective of their ethnicity, faith, sexual orientation or gender identity. We are committed to eliminating all forms of discrimination.

We are dedicated to addressing underlying social, economic and environmental causes of health inequality and working in partnership with local government, health care providers and other community organisations to deliver meaningful health and wellbeing outcomes for our community.

We do this by designing, implementing and evaluating evidence-based and cost effective programs for a range of issues and audiences. From fair food, healthy eating and cooking skills to walking programmes, after-school youth programs and age friendly initiatives – we are here to help design the infrastructure of a healthy community and sustain positive behaviour change.

Originally established by the World Health Organization in 1987, we now have a strong regional presence and in 2003, with the support of the WHO Western Pacific Region, the Alliance for Healthy Cities (AFHC) was formed. This AFHC, has over 100 city members and Healthy Cities Illawarra has previously held position of chair of this steering committee.

We are inclusive, we believe in increasing individual and community control over the interactions in our communities which impact on our health and quality of life.

Our Funders

Illawarra Shoalhaven Local Health District (ISLHD)

Communities for Children Barnados Australia

Department of Social Services
Australian Government

Clubs NSW

Department of Health,
Australian Government

NSW Environment Protection Authority (EPA)

NSW Office of Sport

Transport for NSW

Frasers Property

Lendlease

Pepper Money/Illawarra Hawks

NAB Foundation



Click to open links when
you see these icons

Our Strategic Plan 2020-2024.

Vision:



We support and promote community programs and actions, which are conducive to good health and wellbeing through the prevention and control of disease in human beings. We work for the communities of the Illawarra and Shoalhaven to foster social connection, inclusion and empower behaviours, to reduce the impact of disease for generations to come.

Values:

Integrity

We develop evidence-based programs, which work to prevent and control chronic ill-health and disease in humans. We adhere to the principles of the WHO Healthy Cities Movement.

Equity

We participate in the development of public policy to effect change for population health outcomes. We aim to reduce inequity by building capacity. We recognise the diverse needs of our communities.

Collaboration

We partner with government and private organisations as well as grass roots community groups to prevent and control ill-health and disease in humans.

Inclusivity

We aim to foster social connection and inclusion. We are active members of the WHO Alliance for Healthy Cities.



Priority Areas:

Prevention and Control of Chronic Disease

- Increase Physical Activity
- Improve Nutrition
- Contribute to Closing the Gap in Aboriginal and Torres Strait Islander communities
- Contribute to emotional and social wellbeing (mental health prevention strategies)
- Address other lifestyle and biomedical risk factors

Participation

- Increase social participation
- Increase community connectedness
- Increase environmental action

Sustainability

- Increase awareness of 'sustainable' practices for everyday life
- Contribute to the evidence base of the UN SDGs in practice through Research and Evaluation

Partnerships

- Increase our engagement and impact
- Monitor and measure the effectiveness of our partnerships



We support and promote the **United Nations' 17 Sustainable Development Goals** to ensure a sustainable future for generations to come. Our programs are aligned with the 2030 Agenda for Sustainable Development.

Our Volunteers

Volunteers 94

Volunteer Hours 6,180

Our volunteers are at the heart of our organisation. Without their skills, commitment and generosity we could not deliver our mission, programs and activities to so many vulnerable groups in our local community.

In response to our volunteer program expanding and the increasing demand for volunteers, HCI implemented a new volunteer coordinator role. As a result, we've had the capacity to strengthen and grow our volunteer base, management systems and partnerships to ensure we are giving the best experience to our volunteers.

Despite yet another difficult year coupled by the pandemic and catastrophic weather events, our volunteer community remained strong. With the easing of restrictions, our volunteers went back out into their communities and collectively contributed over 6,180 hours of walking, cooking, delivering children's programs and community events, addressing social isolation at a critical time. These hours also contributed to the launch of road safety campaigns and food security programs.

Thank you to every volunteer that has spent time volunteering with us. We truly appreciate your efforts and time. We are looking forward to continuing to grow and welcome new members to our team and together we can build a more resilient community.

Volunteer Profile - Ebene

Ebene has been a volunteer with us for the past year, working across our Children's Programs.

"My experience volunteering has been incredibly valuable and always lots of fun. I love the team we have and how welcoming and supportive everyone was to me, as well as having the opportunity to support a group of young people. The best thing about being a HCI volunteer is the fact that every week is different, and you get to have fun alongside the kids.

Your opinions and ideas are heard and valued as much as you are for just being there to lend a helping hand."



"The best and most important part of volunteering is being able to give back to your community and make a positive difference in the lives of others" - Ebene



Our Program Highlights.



Wollongong Online Farmers Market

In August 2021, Healthy Cities Illawarra in collaboration with Food Fairness Illawarra obtained grant funding from the NAB Foundation that enabled the development of the Wollongong Online Farmers Market (WOFM). In March 2022, WOFM launched its online marketplace on the Open Food Network, which provides vital infrastructure to build a shorter, fairer, and more transparent food supply chain.

Throughout the initial 6-month incubation period, despite wide scale and unprecedented environmental impacts to producers crops we are proud to have maintained operation and continue to welcome new producers and now have 32 local producers on board. This is an amazing achievement to which would not have been possible without the support of our new Market Coordinator, Nat Batger and volunteers.

We are looking forward to continuing to grow and welcome new producers to the WOFM Team and together we can build a more resilient, sustainable food and local food economy.

I'M SO EXCITED TO SHARE MY ABUNDANT PRODUCE WITH THE COMMUNITY, HELPING TO BUILD A RESILIENT, FRESH, HEALTHY, LOCAL FOOD SYSTEM IN THE ILLAWARRA.

- BUENA VISTA FARM





SHOP ONLINE

12 noon Wednesday - 11pm Monday



GOODS PICKED & PACKED

Tuesday - Thursday



COLLECT FROM HUB

3pm - 6pm every Thursday



DELIVERED TO DOOR

12pm - 8pm every Thursday

OR



Play Illawarra



Play Illawarra is a project collaboration between Healthy Cities Illawarra and the four local councils; Wollongong, Shellharbour, Kiama and Shoalhaven, to create an online platform for families to discover one of the 270 playgrounds across the region.

Play Illawarra was officially launched on December 6th at Shellharbour City Council supported by Healthy Cities Illawarra’s Ambassadors, like-minded organisations and community members.

The Play Illawarra website, created by local agency, Vivo Digital, allows you to filter by shade, BBQ facilities, toilets and many more! Viewers can use the map to find playgrounds closest to you plus provide feedback on the playgrounds that you visit. It also includes local recourses and support networks for families and reviews of playgrounds authored by adults and children!

Play Illawarra makes it simple for families to find a playground suitable to them and encourages families to get outside supporting active outdoor play in children and its role in health.



Safe and Active Routes to School (SAARTS)

Safe and Active Routes to School (SAARTS) was a pilot project in the Figtree area involving kids, parents, schools, P&Cs and other partners to create community change in relation to children walking and riding to school. As part of the project, we engaged with three local school communities to identify infrastructure improvements needed to allow the safe passage of children to school within their neighbourhood network of streets – and support these schools to advocate for change; facilitated RideNation Bike Safety and Road Education Workshops for students at each participating school; and finally, implemented Australia’s first ‘Slow Down Day’, whereby motorists were asked to slow down to 30km per hour within neighbourhood streets, and children were encouraged to walk or ride to school.

Key Achievements

- Ran Australia’s very first Slow Down Day.
- Decreased peak school traffic and daily street vehicle volumes by 3.04% and 9.84%, respectively.
- Facilitated a 9% increase in active travel to and from school.
- Two RideNation bike workshops.





Stir It Up!

2021-22 saw The Stir It Up! (SIU) community nutrition program transition completely to Healthy Cities Illawarra (HCI) from its joint partnership with the Illawarra Shoalhaven Local Health District (ISLHD). Now fully coordinated by HCI, Stir It Up! continues to educate and train community volunteers to promote healthy eating by running a range of activities in our community, aiming to improve the food security status of Illawarra Shoalhaven area. Due to the NSW Covid-19 lockdowns, no community activities occurred between July to December 2021.

Key Achievements

- 5 x volunteer catch-ups were held to maintain social connection for our volunteers including one catch-up held online during the NSW Covid-19 lockdown.
- In 2022, SIU volunteers delivered 5 healthy eating activities. (1 x cooking class, 4 x healthy eating talks, displays, and demonstrations).
- Approximately 36 community members have attended a Stir It Up! activity.



Cook Chill Chat

Cook Chill Chat is an 8-week food education and cooking program that builds fundamental life skills in planning and preparing healthy meals. It also provides a space where social connections are fostered between participants.

Over the past year, Cook Chill Chat was delivered across the Illawarra-Shoalhaven with partners in Nowra, Port Kembla, Wollongong, Farmborough Heights, Warilla and Bulli.

Cook Chill Chat was funded by the Department of Social Services.



Key Achievements

- With Covid-19 lockdowns being reimposed in mid 2021, Cook Chill Chat adapted and moved to online utilising the Zoom platform. Two interactive online cooking workshops (1 x 8 weeks, 1 x 5 weeks) were live streamed during July - Dec 2021.
- Moving to Zoom (Facebook Live was used in 2020) added waiting room and chat features to allow participants to interact with the facilitators and each other, reducing social isolation.
- These online workshops saw the introduction of nutrition and life skills education to the cooking classes. We also linked participants with the Cook Chill Chat Community Facebook Group (with growth to 232 Members), where we posted education resources, ran competitions and gave participants choices of recipes, increasing engagement.

- With the easing of restrictions, in-person groups resumed in Term 1 2022. There was a lot of built-up demand from services, and we worked to reduce the waiting list by running in-person groups with 9 community partners.
- 147 community members participated in Cook Chill Chat (57 on Zoom, 93 in person), with 20 participants identifying as indigenous.
- 11 staff/volunteers attended the Cook Chill Chat facilitator training.
- DSS funding ceased at the end of the financial year, and we are currently seeking new funding sources.





Active In-Betweens

Active In-Betweens is a weekly after school healthy living and resilience program ran at Bellambi, Warrawang and Horsley.

During lockdown we encouraged children to keep Active at Home with four different activities for children that required minimum resources but great for physical and mental health.

In Term 1, 2022 we were excited to welcome back the children across the 3 sites and reconnect over healthy food and connect positively with peers and supportive adults to experience positive social and neighbourhood connections. Alongside our usual fun with soccer, basketball, scavenger hunt, cooking and active play, two big highlights were a visit from Gumaraa with an insight into Aboriginal culture through bush tucker, history and dance plus a visit from Brett Connellan, our Ambassador who wowed the kids with his story of surviving a shark attack and how a positive mindset is key to overcoming challenges.

Key Achievements

- Running in 3 locations.
- 295 attendance in Term 1 and Term 2.



ACTIVE IN-BETWEENS
Supporting 9-12-year-old children



Active Holidays

Healthy Cities Illawarra continued its holiday presence in local communities running Active Holidays programs across several locations during school holiday periods. Active Holidays aims to reduce barriers to healthy activities while encouraging children to develop long lasting healthy skills in their local communities by providing free, or heavily subsidised programs for local children aged 7-12 years old.

We were able to provide Active Holidays to the Calderwood community through generous funding provided by the Calderwood Valley Seedling Fund and to Shell Cove after receiving funding from Frasers Property for several sessions.

Activities Included:

- Learn to Surf at the Killalea State Park with Pines Surfing Academy
- Learn to Cook at the Shell Cove community gardens with Healthy Cities Illawarra staff
- Try a sport with Illawarra Academy of Sport
- Learn to Cook with Healthy Cities Illawarra staff
- Martial arts with First to Strike
- Bike skills workshop with B's Bike Worx

Key Achievements

- 155 registered participants.
- 9 workshops held.

ACTIVE HOLIDAYS
School Holiday Workshops

“Healthy Cities Illawarra commits to the provision of safe and friendly environments for children and young people.

Guided by our core values of integrity, collaboration, equity, and inclusivity, we will ensure that our people and programs provide opportunities for all children regardless of social background, ethnic origin, gender, or ability level.

We will embed the interests of the child throughout our core business and within our policies and procedures.

We will ensure they are understood and practiced by all – so that children and young people are safe, feel safe, and are supported to maximise their social, physical and mental health outcomes.”

5x5



5x5 is a free, non-competitive community walking event for people at all levels of fitness and ability. The events take place throughout the year across the Illawarra and Shoalhaven Region. Previous 5x5 locations have included Bellambi, Wollongong, Lake Illawarra, Shell Cove, Kiama and Nowra. Participants walk and talk over a 5km course (or comfortable distance) one morning a week for 5 weeks. The 5x5 aims to:

- Provide a safe, friendly and accessible opportunity to be active.
- Build healthy walking habits to increase individual fitness and mobility.
- Support participants to reduce their risk of chronic disease.
- Support good mental health.
- Build community connections at individual and organisational levels.
- Reduce social isolation.

Walking events were held in Bellambi, Kiama, Wollongong, Shell Cove and Port Kembla.

Key Achievements

- 5 events.
- 105 registered participants.
- 18 volunteers.
- 1600kms walked.
- 2 million steps taken.



**5 km,
once a week,
5 weeks.**

Healthy 5x5.



Healthy Cities Illawarra | Highlights

Our Commitment to Child Safety



Our commitment to child safety, which was formalised this year in Children Week, demonstrates to our staff, volunteers, adults and children that we value the child and put them at the centre of our programs. All Healthy Cities Illawarra staff and volunteers complete child safe training including mandatory reporting before commencing on shift. Our staff working in our children’s program also attended Trauma informed practice training with TAFE and are supported by the organisation in the work they do with vulnerable children and families. To celebrate National Families Week, we gifted 75 boxes made locally to the families across all of our programs to say thank you for supporting them to be healthy.

Playpod

Playpod, our after-school program at Barrack Heights Primary School continued throughout the year adapting to school closures by providing challenges for the children to participate including cooking, gardening, Olympics and treasure hunt Zoom parties! We were excited to welcome all the children back in Term 3 with an average of 18 children attending each week. Highlights from the term included Yoga meditative sessions for wellbeing, a visit to Flip Out and meeting the Shellharbour Mayor who facilitated conversations within the Legislative Council about what was important to the children for a healthy community.

Sadly, we were notified in April that the funding for this program was to be ceased. We went out with a bang including a Playpod graduation within the school and a visit to the Shoalhaven Zoo and zipline which saw children experiencing something new and conquering their fear. In true resilience style however, we began the process of supporting families to engage with another of our programs Active In-Betweens within the community and look forward to continuing relationships with the BHPS and Warilla community.



Illawarra Women's Day of Dance & Culture (IWDDC)

The IWDDC brought together over 250 women and their children from diverse cultures in the Illawarra, connecting through dance, food and culture sharing.



Active Connections

Active connections (AC) is a Commonwealth Department of Health funded program delivered in Partnership with SCARF Refugee Support. AC promotes social inclusion and connections of newly arrived migrant and refugee (NM&R) women through physical activities. The program breaks down barriers to participation and increase acceptance of diversity, building inclusive communities.

- Activities Included:**
- Walking groups
 - Indoor physical activities
 - Swimming
 - Learning to ride bicycles
 - Diversity and inclusion training for delivering partners

Key Achievements

- 151 NR&M women are currently registered for the program. 115 of these women have visited one or more activities.
- Participants are forming physical activities groups and social meetings out of the Active connections program.

"A participant said she didn't have many friends in Australia, but she was making friends due to the Active Connections program, and it was allowing her network to grow."

- Peer Support Worker



Innovate RAP

Healthy Cities Illawarra have reflected on the successes and challenges of the past few years and we're looking to further our commitment to reconciliation. Progressing to the Innovate RAP will help us achieve our organisation's unique vision for reconciliation.



Our Partner Highlights.



Food Fairness Illawarra

Food Fairness Illawarra (FFI) is a community coalition that has worked together since 2005 with the vision to make healthy and sustainable food affordable and accessible for all.

Guided by representatives from six key organisations (Healthy Cities Illawarra, Illawarra Shoalhaven Local Health District, Wollongong City Council, Shellharbour City Council, Kiama Municipal Council and the University of Wollongong), FFI has a wider network of over 1000 individuals, community groups, charities and non-government organisations, who recognise the need for collaboration between community, industry, and governments to unlock fairer food solutions.

Visit us!



Key Achievements

- Led two food aid responses to support those in the community who were struggling with food insecurity during the Covid-19 pandemic in 2021. The rapid mobilisation of two additional food hubs, establishment of an emergency hamper delivery service, and sourcing of supplementary food hampers and cooked meals, highlights the power of collaboration and existing networks during crisis. This coordinated response could have not been achieved without FFI's key partner organisations (see above), OzHarvest and Foodbank NSW.
- Contributed to ARC project "Healthy, sustainable, and equitable food systems: The role of local government" in advisory capacity.
- Presented as part of the Healthy Cities Illawarra's "The Friday Forum" #9 - Building a more sustainable, resilient, and local food system.
- Made a submission and provided evidence into the NSW inquiry in Food supply & production.
- Grew the FFI community to 4639 across our newsletter, Facebook and Instagram, with a 43% increase from 2020-21.
- Fostered and empowered 9 interns with development opportunities within the FFI operations.



"We work in partnership to deliver meaningful health and wellbeing outcomes for our community." - Kelly Andrews, CEO



Hidden Harvest

Hidden Harvest empowers our community with the tools and forks to tackle food waste and serve up a sustainable future at home. Since 2015, we have cultivated community through events and conversation to create a vibrant network of home cooks fighting climate change from their kitchens at home. Over this past year we have become better at breaking the big bad issue of food waste down into bite-sized, easy-to-digest chunks through public talks, cooking demonstrations and beginner-friendly workshops.

Our annual event, Art of Food Waste, was a huge success at welcoming new community members into the food waste conversation, and highlighting the food waste issue in an appetising way. In collaboration with four local organisations, we hosted a panel discussion on building resilience in our local food system, a food-themed life drawing session, a cocktail night incorporating our 'use it all' ethos and two tasty nights of live music.

Key Achievements

- Sparked conversation in 450 community members during our fourth Art of Food Waste at local art gallery, with 12 local artists contributing food waste themed artworks and 6 special events.
- Upskilled 346 community members through public talks, cooking demonstrations and beginner-friendly workshops.
- Served up would-be wasted produce to 385 guests over 4 Wasted Wednesday community dinners and 2 catering pop-ups.
- Rescued 2 tonnes of food from being wasted, diverting 3,800kg of CO2 from our atmosphere.



HIDDEN HARVEST



The Friday Forum #2. You can't ask that!? The Pandemic - Uncut.

FREE WEBINAR

**17th September
12:30-1:30pm**



Kelly Andrews
CEO,
Healthy Cities Illawarra



Toby Dawson
Head of Strategic
Partnerships, IRT



Mick Chapman
Health Policy Officer,
Ministry of Health and Founder
of Chappo- Health & Nutrition

The Friday Forum

In amongst the Covid-19 restrictions of 2021, online engagement became a novel and opportunistic way in which to stay connected with each other. Supported by Peoplecare, we initiated free monthly 'Friday Forums' with the objective of providing timely and accurate information in which was a particularly provocative and unsettling time in the community regarding public health orders and Covid-19 vaccinations.

Each month, we enlisted trusted experts in different topics to provide a presentation, followed by discussion and an opportunity for attendees to ask questions. The Friday Forums covered topics from immunity and vaccination, palliative care, creating a Learning City, active transport, resilient local food systems and our electricity supply.

Key Achievements

After 12 Forums, 20 guest speakers and over 300 attendees, The Friday Forum served a great need for information and connection this last year.

View our recorded Friday Forums here



Healthy Cities Illawarra Incorporated

Statement of Financial Position as at 30 June 2022

CURRENT ASSETS	2022	2021
Bank Cheque Accounts & Term Deposits	\$ 906,301.00	\$ 604,320.00
Receivables	\$ 27,340.00	\$ 1,895.00
GST Receivables		\$ -
TOTAL CURRENT ASSETS	\$ 933,641.00	\$ 606,215.00
NON CURRENT ASSETS		
Plant & Equipment	\$ 16,914.00	\$ 22,778.00
TOTAL NON CURRENT ASSETS	\$ 16,914.00	\$ 22,778.00
TOTAL ASSETS	\$ 950,555.00	\$ 628,993.00
CURRENT LIABILITIES	2021	2020
Creditors	\$ 82,372.00	\$ 38,392.00
Unexpended Grants & Grants in Advance	\$ 395,831.00	\$ 429,919.00
Provisions	\$ 50,997.00	\$ 13,595.00
TOTAL LIABILITIES	\$ 529,200.00	\$ 481,906.00
NET ASSETS	\$ 421,355.00	\$ 147,087.00

Statement of Income & Expenditure for the Year ended 30 June 2022

INCOME	2022	2021
Grants Received	\$ 585,423.00	\$ 933,392.00
Grants Unexpended Carried Forward	\$ 454,855.00	\$ 52,108.00
Membership Fees, Training Income	\$ 4,855.00	\$ 2,570.00
Donations Income	\$ 16,389.00	\$ 127,772.00
Interest & Miscellaneous	\$ 707,273.00	\$ 108,792.00
TOTAL INCOME	\$ 1,768,795.00	\$ 1,224,634.00
EXPENDITURE	2022	2021
Employee Costs	\$ 643,645.00	\$ 277,407.00
Program Costs	\$ 132,131.00	\$ 166,984.00
Administration & Sundries	\$ 336,387.00	\$ 346,873.00
TOTAL EXPENDITURE	\$ 1,112,163.00	\$ 791,264.00
Excess of Income over Expenditure	\$ 656,632.00	\$ 433,370.00
Amounts Transferred to Unexpended Grants	\$ 382,364.00	\$ 417,021.00
Net Surplus/(Deficiency) of Income for the Year	\$ 274,268.00	\$ 16,349.00

**The vast majority of employee costs are directly attributable to program delivery.*

